

GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
TRADITIONAL	Chicken Tikka Masala Wholegrain Rice	BBQ Mandarin Pork Noodles & Vegetables	Roast Beef Roast Potatoes Broccoli Gravy	Chicken and Bean Enchilada Wholegrain Rice	BRITISH Battered Fish Fillet Chips (oil) Baked Beans
ALTERNATIVE	Mac n Cheese	Sweetcorn Chickpea Veggie Wrap	Sweet Potato & Squash Stew	Smoky Cauliflower Cheese	Boston Bean Casserole
	Garlic & Herb Bread Wedge	Coleslaw	Seasonal Cabbage	Coleslaw	Peas
	Sweetcorn	Baked Garlic & Herb Wedges (no oil)	Cajun Potato Wedges (no oil)	Potato and Onion Hash	Chips (oil)
	BBQ Beans	Chop Chop Salad	Peas	Caesar Salad	House Slaw
SPEEDY ITALIAN	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta
	Chicken & Sweetcorn Pizza	Veggie Pizza	Chicken and BBQ Pizza	Pepperoni Pizza	Chicken & Mushroom Pizza
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)

Wholegrain * Oily Fish ***

GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
TRADITIONAL	Mediterranean Chicken, Pea and Leek Pasta Bake	Beef Cobbler New Potatoes Carrots	Roast Pork Roast Potatoes (oil) Carrots Gravy	Chicken Korma White Rice	BRITISH Battered Fish Fillet Chips (oil) Baked Beans
ALTERNATIVE	Louisiana Bean Pot	Spicy Bean Burger	Roasted Vegetable Wrap	Butternut Squash Feta Bake	Quorn Sausage Pattie & Cheese Bun
	Corn on the Cob	Sweetcorn	Seasonal Cabbage	Wholegrain Rice	Peas
	Paprika Potato Wedges (no oil)	Garlic Bread* (no oil)	Baked Garlic & Herb Potato Wedges (no oil)	Cajun Potato Wedges (no oil)	Chips (oil)
	Red Slaw	Carrots	Peas	Corn on the Cob	American Style Slaw
SPEEDY ITALIAN	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta
	Chicken & Sweetcorn Pizza	Veggie Pizza	Chicken and BBQ Pizza	Pepperoni Pizza	Chicken & Mushroom Pizza
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)

Wholegrain * Oily Fish ***

GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
TRADITIONAL	Beef Chilli Lemon and Herb Piri Rice	BBQ Chicken Wholegrain Rice *	Pork Sausage Mashed Potato Red Onion Gravy	Chicken Caesar Burger Sweetcorn	BRITISH Battered Fish Fillet Chips (oil) Baked Beans
ALTERNATIVE	Vegetable Wrap	Veg & Bean Quesadilla	Quorn Cheese Burger	Vegetable Chilli	Feta and Chickpea Cake with Salsa
	BBQ Beans	Peas	Carrots	Wholegrain Rice	Peas
	Paprika Wedges	Pasta Salad *	Baked Garlic & Herb Potato Wedges (no oil)	Paprika Potato Wedges (no oil)	Chips (oil)
	Corn on the Cob	House Slaw	BBQ Beans	House Salad	Pineapple Coleslaw
SPEEDY ITALIAN	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta	Speedy Vegetarian Pasta
	Chicken & Sweetcorn Pizza	Veggie Pizza	Chicken and BBQ Pizza	Pepperoni Pizza	Chicken & Mushroom Pizza
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)

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