

Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.40	CAJUN CHICKEN BURGERS WITH WEDGES & SAUCE	SAUSAGE, MASHED POTATO WITH GARDEN PEAS	ROAST CHICKEN WITH VEGETABLES, POTATOES & GRAVY	CHICKEN CURRY AND TURMERIC INFUSED RICE	BREADED FISH WITH PEAS CHIPS & TARTARE SAUCE
PLANT BASED MAIN MEAL / VEGETARIAN £2.40	FALAFEL PITTA WITH SALAD AND GARLIC MAYO (V)	VEGETABLE SAUSAGE, MASHED POTATO AND GARDEN PEAS	QUORN FILLET ROAST DINNER (V)	VEGETABLE STIR FRY WITH EGG NOODLES (V)	VEGETARIAN HOTDOG WITH CHIPS AND BEANS
STREET FOOD £2.25	PERI PERI CHICKEN AND POTATO POTS	CHICKEN GYRO PITTA WITH PEPPERS	CAJUN CHICKEN IN A FLATBREAD WITH SALAD	BEEF CHILLI TACO	CHICKEN ALFREDO
TAKEAWAY TUBS £2.25	SAUSAGES WITH SPCY WEDGES	VEGETABLE CHOW MEIN (V)	PULLED PORK BAPS	HOTDOG SUB WITH KETCHUP AND CHEESE	CHEESE & CHIPS WRAP (V)
	MAC 'N' CHEESE (V)	PASTA POMODORO (V)	TOMATO AND BASIL PASTA (V)	PENNE ARRABIATA (V)	TOMATO AND MASCARPONE (V)
PIZZA SLICE £1.50	PEPPERONI	SPICY CAJUN CHICKEN	CHEESE AND HAM	PEPPERONI AND JALAPENO	PEPPERONI
	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)
JACKETS	TRY OUR DELICIOUS FILLINGS FOR 80P EACH				
DESSERTS	ICED CHOCOLATE MARBLE CAKE	APPLE CRUMBLE & CUSTARD	BROWNIE	LEMON CURD SPONGE	CHOCOLATE SPONGE & CUSTARD

Meal Deal
Main meal
with vegetables
and dessert



+



+



£2.80

All of our main meals, sandwiches & desserts are freshly made on site every day